

# HOMŒOPATHIC LINKS

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Theme of this issue:

Relationship between Kingdoms

- **Animals in Periodic Table**
- **Plants in Periodic Table**
- **ACTH**
- ***Brachychiton rupestris***
- ***Buteo jamaicensis***
- ***Cinnamomum***
- ***Cucurbita pepo***
- ***Formica rufa***
- ***Hirundo rustica***
- ***Lac macropi gigantei***
- ***Melopsittacus Talpa europaea***
- ***Uluru (Ayers Rock)***
- ***Viscum album***
- **The Immunisation Dilemma 5**

feel it. That was making him feeling panicked. I am taking a psychic and intuition course. I would have been way too terrified to take this case course before. It was definitely out of my comfort zone. My intuition is increasing. I am becoming more aware'.

*Still focusing on the light?*

'I don't have to do any bolstering, because now I am just in that light'.

*How do you feel about Monsanto, and the dark?*

'Now I see it as part of what humanity needs to go through. I can see I was coming from a mindset of being more depressed and not able to handle things. I am just stepping into my power and seeing how that isn't resonating. If someone would have told me that I would be hiring a Success Business Coach from Boulder I would have laughed or kicked them out of the house. I want to find out what my niche is and how to market myself. It's something like, when people come to me I want them to realise fundamentally what they are, which is so perfect and beautiful, so when they leave me they are deeply into their own healing. Then they can go out and heal Mother Earth. I have to tell you that me being proactive like this is really new and very exciting. Amazing. Amazing. As soon as you told me about the mole, it was a huge healing already. Part of the clue we had hit on the right one. Like a dose. I have been taking it every month or two. I might be due for another one; this lung thing is coming up. But I see it as a gift, because I know why.... Me speaking up, and not keeping myself quiet anymore. That's why it is manifesting. If I keep on, it will get better and better'.

'I must have let go of the craving to have a better relationship with my brother, because I don't think about it. I don't feel I am missing. I can't make him want a relationship with me. Whatever we have is okay. I sold my family property overseas. The psycho neighbour who tried to make my sale fall through would have gotten to me a year ago, but this summer I felt so protected. It was really beautiful. I felt like he couldn't touch me'.

'I am being a lot more truthful. I am careful how much I say, not to hurt anyone. I can see it is a good thing to be truthful. I thought before I had to stay safe by not speaking my truth, but now the more I do, the better it is for all of us. Thinking people can't accept your truth is doing a great disservice to them as well as yourself'.

'I am not feeling as exhausted as I was. Definitely. I can see it is because I was being so down on myself. Now I am getting more and more empowered. Feeling stronger in my body. I am not worried I will get unhinged again. I don't have panic attacks anymore. A year ago I was still worried I might have one. Now there is no way I would have one. The fear has passed'.

*Are you still the only one who can see?*

'Yes, I did use to think that. I kind of see it more as a gift now. And others can see it too. I think my thing was that I would feel it so deeply, the way I saw it, which was always so overwhelming. Now the feelings don't overwhelm me'.

*Do you still feel the pressure, the weight?*

'No. Definitely not. I can see others must be responsible for their own healing. It is not up to me'.

'A wart came up under my arm. It was nasty. After a few months it started breaking off and going black around the edges and it fell off. I had another one on my chest that grew out into a thing sticking right out of me. That also went down on its own after 3 months. It was amazing how it appeared. I can't even see it now, not even a freckle'.

'I used to get cystitis quite badly. I've had no symptoms at all for the last 6 months or so. It used to be quite a problem for me'.

'I also had a sensation in the back of the scalp several times a day, where it was tingling and crawling up, and that has stopped'.

'Menstrual pains are not as bad as they used to be. I haven't taken any painkillers'.

'My knee is definitely better. No pain'.

'The hand fungus has not come. I haven't used the cream at all since I have taken the mole. At the time it was a really big issue'.

'The thing I haven't done is lose weight. Protecting myself. Hope I crack that soon. Maybe if I drank a whole jug of mole every day...'

## Conclusion

We can see the transformation she has had on the mental and emotional levels. Her depression and panic attacks are gone and her confidence has shifted remarkably. She is feeling successful and is pursuing her dreams of becoming an energy coach with confidence. Her cystitis, hand fungus and knee pain have been gone for 6 months or more and she no longer needs painkillers for her menstrual pains. Some removed warts returned briefly indicating the direction of cure. She states her energy is up to 65% from 35%, and her other physical ailments appear to be resolved except for her cough which has not completely gone yet, but she does not seem troubled by it. She has identified where she wants to go from here, such as letting go of the wall to loving her son and losing weight.

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# The Joshi's Method in Practice

## Use of the Periodic Table and Animal Kingdom Concepts for Solving a Case of Skin Rash

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### Abstract

This case demonstrates the interconnectedness of the animal and mineral kingdoms and the value of listening and observing. Presenting with skin rash of long duration, the patient uses language that points towards rows 5 and 6 of the Periodic Table. However, the essence of the case and her hand gestures indicate the animal kingdom themes of 'you versus me' and lead towards a large predatory animal. When asked the 'Joshi's' questions, she clearly names the bird she would like to be while facing the stressors of her life. The case analysis goes into the details of rows 5 and 6 minerals and the predatory bird. In the case given as follows, the 1 stands for animal kingdom, 2 for silver series, 3 for gold series, 4 for resources and 5 for predatory bird.

### Keywords

- ▶ *Buteo jamaicensis*
- ▶ Skin rash
- ▶ Rows 5 and 6 of the Periodic Table
- ▶ The Joshi's questions

### Intake May 2012

Patient and complaint: Angie, 62 years old, skin rash since 2007.

As I opened my office door, Angie, an *attractive and well-dressed woman* (1) walked past me brusquely, reached the bookcase, pulled a book and flashed it for me. 'Kent's lectures on homeopathic philosophy' turned me onto homeopathy. After reading this book, I used *Nux vomica* for heartburns, *Gelsemium* for flu. Acupuncture and supplements helped me with seasonal allergies during 1970. But till 1995, I continued to have hay fever and a cold that I would catch in October and continue till March, spitting out lots of greenish phlegm. A homeopath I saw then gave *Tuberculinum* LM 6. After some memorable aggravation, now I am free of chest symptoms. Since 2007, I have this rash in my groin, abdomen, inner thighs, lower back, forearms, sometimes also on the shins. Angry bumps itch like hell. No pustules. No oozing. 'Don't mind me *pacing* (1) the room? I think better when *moving*. (1) Sitting at one place is so *confining*', (1) she said.

'I applied a paste of baking soda, washed it with vinegar, smeared turmeric, coconut oil and even colloidal silver crème. I have tried acupuncture. A homeopath gave me *Sulphur*. I also saw a dermatologist! Even with his fancy steroids, the rash never went away!'

'It is worse at night, under covers—when I sweat and snore like crazy (per my husband). Hot showers feel OK. Heat reduces the itching a bit'.

*What was happening in 2007 when the rash first appeared?*

'Mom died. I was close to her. I became the *head of the family* (3), making decisions about inheritance, my sick dad and my brother's family. Wished I could have seen where the stock market was heading and make some smart decisions. It was so stressful'.

'Besides inheritance I had to *manage my career* (3). With a few instrumentalists, I'd *created* (2) a music band and moved to Vermont way back in the early 1970s. I *incorporated my music writing, singing, performing and publishing into a small business*. (3) As flower children, we were happy to have escaped the War and survived the tumultuous 1960s. I combined the Eastern and Western music, *wrote* (2) and *sang* (2) several songs that sold very well as singles as well as a collection. There were picked up by radio DJs. I climbed the *power ladder* (3) and bought off my team. Instead of being freelancers, now they are working for me. I *manage* (3) my team. I *write* (2) songs. I am the *lead* (3) singer; my success as a singer draws the crowd and *pays the salaries* (4) for my teammates and staff. I live well and *enjoy fame and recognition* (2) as a musician. I have to *perform non-stop and reach my goal* (1) so I can continue to *lead*. (3) I *let junior staff take charge* (1)

too. They are learning to lead. I am close to my teammates. In technical areas, they listen to me. *I know more than all of them.* (1) Sometimes I feel *they resent me* (1) somewhat and that they are *jealous* (1) of my accomplishments. But my *eyes are set on my goal.* (1) I do my job well, stay ahead of the creative curve, get a nice *income* (4) from public performances, help my kids ... then I can have some fun and go soaring in the sky (*hand gesture 1*).

'Jealousy<sup>1</sup> gets to me. People mix up facts and figures. I don't. I trust my instincts. My inner eyes help me see. When I *focus on my target*<sup>1</sup>, I don't see anything else. In a game of hit or miss with every song I write, I have a knack of *spotting a hit*<sup>1</sup> theme and *creating*<sup>2</sup> a hit song. I don't miss. I deal with the *creative*<sup>2</sup> tension of *my group*<sup>1</sup> till the song is completed, recorded and released. Till then, my teammates are in *my grip* (*hand gesture 2: all 10 fingers curled like claws*<sup>5</sup>). They cannot move. They are in my control. I tell them how they can or cannot play their instruments. As talented instrumentalist, they are free to go anywhere they wish to go. Some left my team in the past and then came back. They realise that I look after their interests. About playing a particular instrument, technically *they*<sup>1</sup> know more than *me*.<sup>1</sup> But I *watch over a huge territory*<sup>1</sup> that covers every *business aspect and management*<sup>3</sup> issues and *detail*<sup>3</sup> about making a song happen. They can be as *jealous*<sup>1</sup> as they want to be, but I *lead*<sup>3</sup> the *team and I*<sup>1</sup> earn the *money that pays the bills*.<sup>4</sup> It is all about setting a *goal, reaching the goal*<sup>1</sup> and *hitting hard* (*hand gesture 3: raises right hand high up in the air, and brings it down with much force over his left hand, gripping it hard*<sup>5</sup>). There is no second chance—*got to score it in one attempt*<sup>1,5</sup>—got to succeed. Roads are littered with failed musicians'.

'What a pity. Nothing could hit my rash hard so far (*repeats hand gesture 3*<sup>5</sup>). It is pretty bad. I think stress is a big factor. Free music downloads have undermined *my income*.<sup>4</sup> Internet is good for giving things away—for free, any kid with a laptop can post my songs on his YouTube site—does he even acknowledge me—no. Youngsters are drawn to Lady Gaga, Britney Spears, J Lo and Beyonce. In my view, Tracy Chapman created soulful music, but she is nowhere in the scene. The new girls just sell stuff and create a hard-to-attain sexual imagery. It is hard on young girls if they want to look like Lady Gaga. I am 62 now, and still *sexy*.<sup>1</sup> I am successful as a musician because of the richness of my content. Big music companies from Hollywood have come to buy me off. They try to lure away my instrumentalists and new, young singers. Our inventory and revenue for them is a drop in the ocean. I read about *big companies eating up small companies*<sup>1</sup> who sell out and fire their employees. Big companies neglect their small clients and hurt them so bad they have nowhere to go. I worry about how my company will do in a merger. Will my company *survive*<sup>1</sup>? After the merger, will I have a *job*<sup>4</sup> as a musician? Will the music that I have *created*<sup>2</sup> continue to sell or will they be wiped out because they sell slowly? Big companies live off of music that gets on top of the chart bringing in a few millions on the day they are released. My music sells slowly but consistently. Songs I wrote in the early 1970s are still selling. I do not know what the future is. I wish I could crane my neck and see into the future'.

*While facing these questions, if you were given the freedom to become an animal, what would that animal be?* (This question is from a set of four questions formulated by Drs. Bhavisha and Sachindra Joshi during their research into animal-human connection. During case taking when it becomes clear that the patient needs a remedy from the animal kingdom, one of these questions can unlock the case and point towards the animal remedy. The questions are: What animal would you like to be?, What animal you are afraid of?, What animal do you like the most? And, in nature, what animal appeals to you the most?)

Angie became completely silent for a few minutes, closed her eyes, *extended and spread her arms, fluttered them on her sides, craned her neck, squinted her eyes*,<sup>1</sup> and said in a slow and firm voice, 'It would be a *hawk*'.<sup>5</sup>

'I love *hawks*.<sup>5</sup> They can see well from far and fly above and beyond the turmoil on the ground. They are king of the skies. From up in the heavens, they can spot the smallest movement, swoosh down in an instant and grab a rabbit scurrying across the field. They do not, cannot miss'.

'I would like to see how this merger will pan out. I wish to but I cannot see into the future'.

We continued some more.

'As a kid, I loved camping in the woods, climbing trees and inspecting my territory from up above. In those days, a word would *come whooshing down from the sky*,<sup>1</sup> grab me, (*repeats hand gesture 3*<sup>5</sup>) and for days, I will be humming that word in as many tunes as possible till a song came into existence. I believe that creativity and inspiration<sup>2</sup> are divine gift coming to us from a spiritual realm.<sup>1</sup> They get hold of our soul. My life now is but an existence bound<sup>1</sup> with *earning*<sup>4</sup> and *fame*<sup>2</sup> and keeping my flock together.<sup>1</sup> But the true desire of my heart is that I have to be free of these constraints<sup>1</sup> and move in the spiritual realm<sup>1</sup> where creativity and inspiration will guide me'.

'My husband and I are tight, married 30 years. I worked very hard as a musician when I was young. We had children very late in life. We will do everything for our kids, give them a good start and they will be on their own'.

## Analysis

In Angie's narrative above, the words appearing in italic print are the ones that pointed me towards the themes of animal kingdom<sup>1</sup> (bird), silver series<sup>2</sup>, gold series<sup>3</sup> and a specific predatory bird<sup>5</sup> with a high self-esteem that is concerned with resources.<sup>4</sup>

Angie has brought out some issues of row,<sup>5</sup> Silver series, shown with superscript.<sup>2</sup>

- Creativity, inspiration, artist, writing, singing
- Fame, recognition
- Public performance, presentation of ideas (music)

However, Angie is not only just about the show-biz aspects of Silver series. Writing and creating music, singing and recording songs are only one small aspect of her life, even though she has been engaged in these creative ventures since she was a young girl and she experienced words whooshing

down from the sky, grabbing her and she would hum the word till it turned into a song. Creative aspect does not cover her entire life experience.

A parallel part of Angie's narrative is about leadership. This theme is shown with superscript<sup>3,1</sup>

- Heads her family
- Founder-owner of a music company. Leads a large number of staff and fellow musicians
- Manages her career, leads her team because her vision is set on the goal
- Deals with business aspect, management issues
- Climbs power ladder

To understand this theme, I read about the sixth row.<sup>2</sup> Gold series deals with issues of leadership/management. The first seven elements in this row, *Caesium*, *Barium*, *Lanthanum*, *Hafnium*, *Tantalum*, *Tungsten* and *Rhenium* deal with issues of impulsiveness, powerlessness, searching, starting, doubting, proving oneself and training in managerial positions, respectively. Angie is beyond these issues. She comes across as a powerful leader of her team as she has turned her fellow musicians into her staff instrumentalists. Her leadership, her ideas generate income that pays the bills for the whole company. In this regard, she is more like *Osmium*—forcing power over others, managing crisis. Group analysis of Osmium includes themes of pushing organisation ahead, management, insight into power structure, planning and strategy, forceful leadership, having to achieve as the leader, pressure of responsibility.

At the peak, between *Iridium metallicum* and *Aurum metallicum*, the elements enjoy a rise in power, but from *Mercury*, the downward trend and degeneration of the row begins to happen. Angie is on the left side of the column. She is still on top of her career and very successful; therefore Osmium fits fine. Phatak mentions that Osmium affects respiratory tract.<sup>1</sup> She had respiratory symptoms from childhood till 1995.

Even though her words strongly point towards rows 5 and 6, Angie doesn't bring up any issues typical of mineral kingdom<sup>3</sup>—a sense of something lacking in herself and an emphasis on relationships that give her a sense of completion (salts).

Further, I focused on these themes:

- Me verses them (staff, instrumentalists, big companies): She is better than her colleagues.
- Sensitivity to jealousy.
- Sexy, well dressed, attractive.
- Resources, income/inheritance, providing for her flock—kids, dad and her brother's family, paying staff salaries.
- Hit and miss, focus on target/goal: This was evident as she made an unusual entry into my office, headed straight to the bookcase, pulled out a book with total precision, as if she knew exactly where the book was and in pursuit of that book nothing else mattered. Her profession also gives her the opportunity for exercising the hit and miss aspect. She can spot a hit song.

- Control, predatory instinct: In her claw-like grip, her fellow musicians cannot move or look around. They are under her control. She tells them how to play the tunes.
- Taking turns, giving others a chance: It is not a 100% control, because she recognises that in a creative team, her musicians are free to stay or leave and in playing the instruments, they know more than her. They can choose to go solo or leave her team and join other team. She lets junior colleagues take turn and learn to lead on the job. But as the leader of her company, she has the authority to oversee the entire project from start to finish.
- Loyalty: working with the same team for 40 years, with the same spouse for over three decades. She cares for their children and says, 'We give them a good start and they will be on their own'.

All these themes point towards a remedy from a predatory animal with a high self-esteem.

When asked the Joshi's questions, she said, 'It would be a hawk'. Her hand gestures included the following:

- Spreading out both hands and flapping by the side of her body, in a smooth motion, while saying, 'Go soaring in the sky'.
- Using all 10 fingers to make a claw-like structure while saying how the musicians would be in her grip and control.
- Raising right hand high up in the air, and bringing it down with much force over her left hand, gripping it hard, while saying 'It is about reaching the goal and hitting hard. There is no second chance. You got to score it in one attempt'. Repeats this gesture while speaking about her rash and also while talking about the creative process during her childhood

Describing the animal she would like to be, she said, 'I love hawks. They can see well, see far and fly up, above and beyond the turmoil on the ground. They are king of the skies. From up in the heavens, they can spot the smallest movement, swoosh down in an instant and grab a rabbit scurrying in a field. They do not, cannot miss'.

Her current stressors are her inability to see into the future and predict how the company merger will pan out. In this moment her issues of hierarchy, me verses them, fear for survival and possibility of job loss (lack of resources) all come up, she wishes to be able to fly out and see into the future, but she cannot, and she says these stressors (ever since her mother died in 2007) have contributed to the presentation of her rash that never responded to any intervention—mainstream or alternative.

## Prescription

Based on her hand gestures and her answer to Joshi's questions,<sup>4</sup> I selected a remedy from birds of prey,<sup>5</sup> ordered *Falconiformes* (vultures, hawk, eagles osprey and falcon); *Buteo jamaicensis* (red tailed hawk, **Fig. 1**) 1M and gave her three pills in water, one teaspoon to be taken on three consecutive nights.



Fig. 1. *Buteo jamaicensis*.

### Follow-up

December 2012: 'Rash disappeared gradually. After a stretch of total relief, few small patches erupted but with much less intensity'.

July 2013: 'I did not sell my company. The buyers have been scared away! My staff and I have jobs. Occasionally, a tiny patch erupts somewhere, not strong and widespread as before. It goes away, does not bother me. My husband says I don't snore anymore. A cold ran through my team. I did not even sneeze'.

Analysis: Remedy is still working.

December 2013: Angie returned with a small, lingering eruption. She seemed to be ok but her sleep was interrupted. Anytime she woke up, she urinated. Changing liquid intake routine did not help.

'Dealing with troublesome projects, inspiration seems to vanish, and I am working hard to score a high profile singing engagements. New employees lack commitment to the team. I can exert my authority to make things happen, but feel worn out thinking how long am I going to deal with this? When will I be free'?

I repeated *Buteo jamaicensis* 1M, 1 pill in three divided, liquid doses.

July 2014: 'All is well'. Rash, interrupted sleep and frequent nightly urination are gone. She is not snoring. Her work is fine. She feels she has made enough money so she can sell her business anytime a good offer comes along and retire. She is content.

### Conclusion

This case is yet another example of how a patient can present the issues and language of mineral and animal kingdom while narrating his complaints and life experience. According to Joshi's, there is clear-cut correlation/correspondence between the themes of the periodic table and the increasing complexity of the animal kingdom, starting from simple invertebrates and going all the way up to large predatory animals with high self-esteem and leadership qualities. Angie, in this case, brings up the issues of silver and gold series of the periodic table, but these issues are the same as expressed by large predatory animals. Asking Angie about the animal of her choice helped open the case and pinpointed the animal remedy that helped her.

Though leadership theme pointed to gold series and creativity pointed to silver series, instead of mineral issues, Angie showed her need for a bird remedy by use of hand gestures and bird-specific language. The indicated remedy and potency, gave her freedom from her rash that had lingered for 5 years. She reported relief from snoring, interrupted sleep and nightly urination. She remained healthy during outbreak of common cold. Her symptoms resolved and her immune system also strengthened. She functioned effectively at work and felt 'all is well' thus hinting that the ultimate aim of a homeopathic treatment—wellness of the body, mind and spirit—was achieved successfully.

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