

Learning from experience

How to see clients as our teachers

Vatsala Sperling

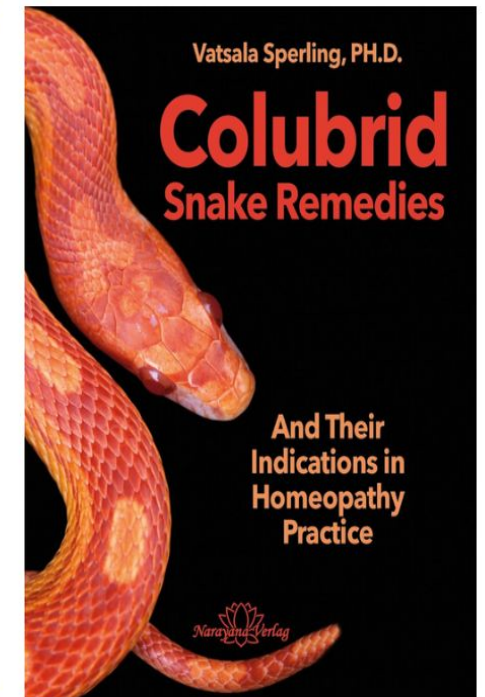
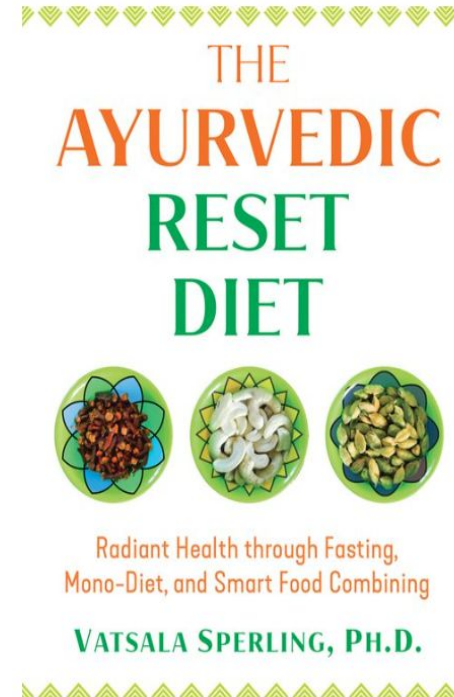
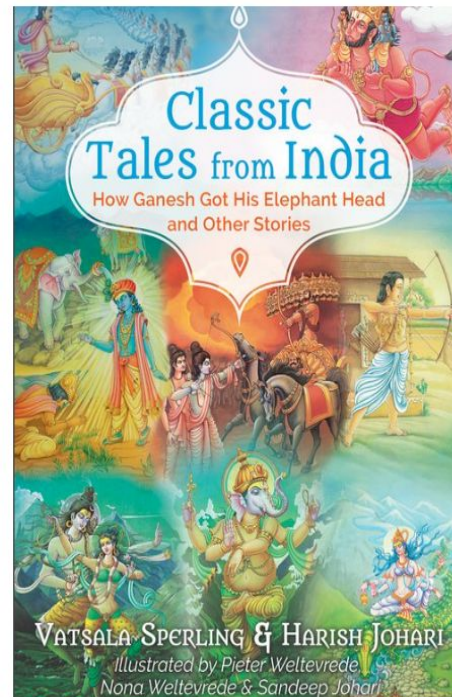
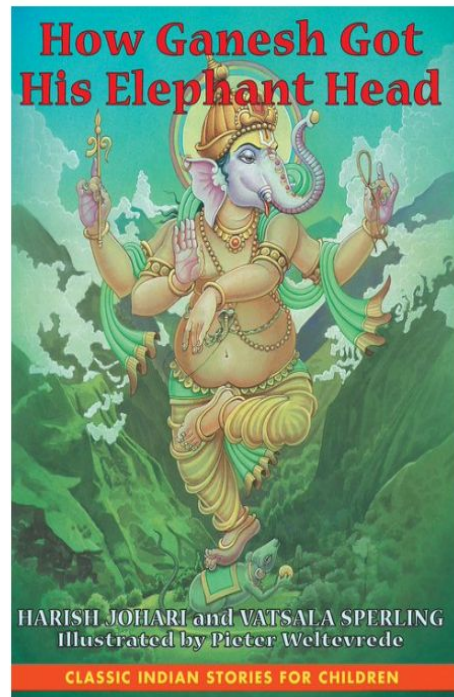
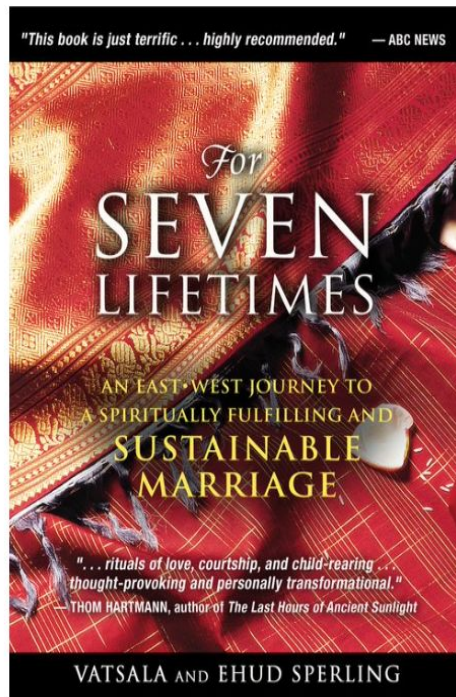
<https://www.rochesterhomeopathy.com>

Journey of a homeopath

<https://www.rochesterhomeopathy.com>

2004 Enrolled as a student in Misha Norland's School of Homeopathy

2008: Graduated, started practice, wrote books



Graduation note from Misha Norland

“True education will begin
when you start your practice.
Teachers will come
in all shapes and sizes.”

From books
you learn
homeopathy.

From your patients, you will learn
life-lessons.”

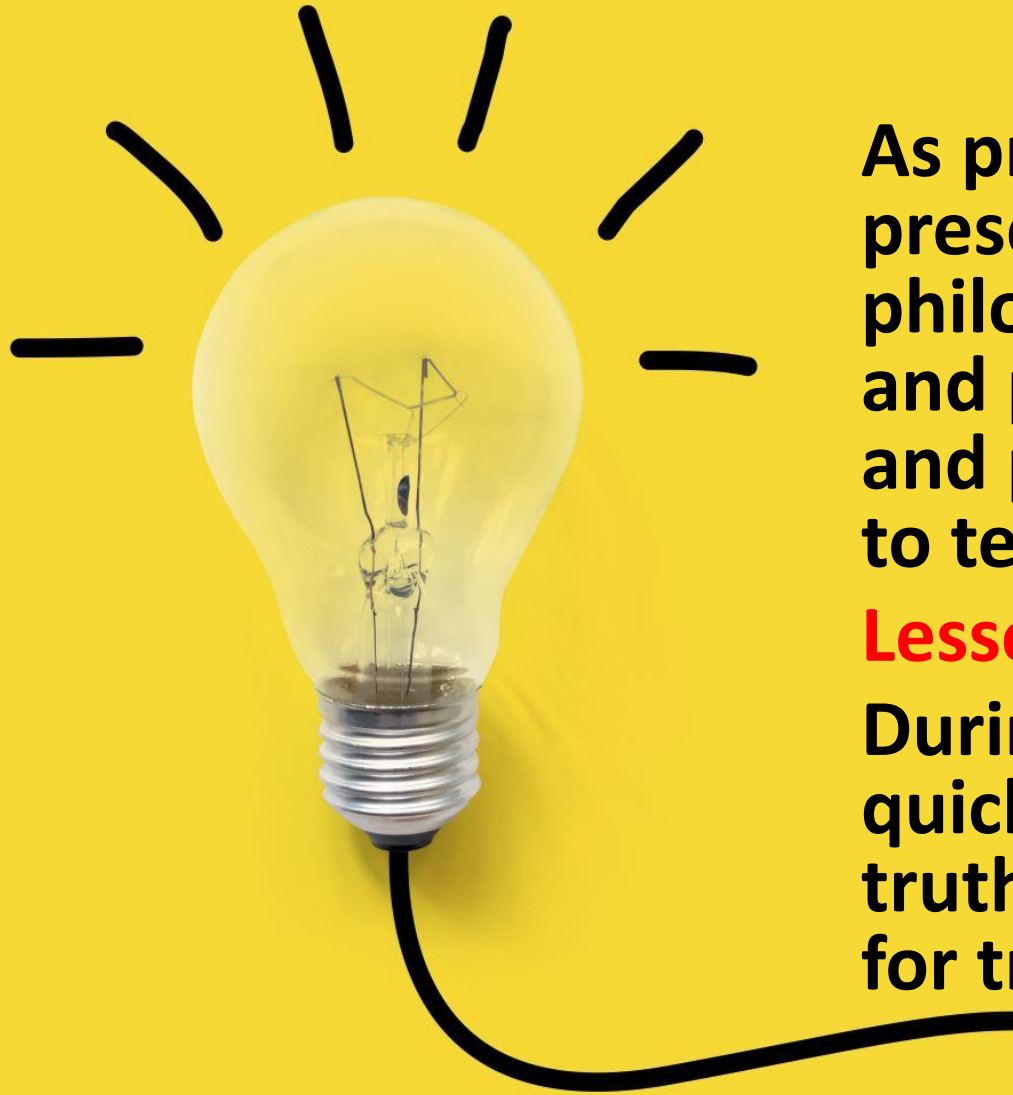
Q 1: Name the remedy or not?

- Nat mur case



- Nat carb case





Lesson 1:

As practitioners, we must master bite-size presentations of the fundamental philosophy of Homeopathy and the methods and practices of how the remedies are made and proved. Hard to predict who will appear to test our limits.

Lesson 2:

During case taking, we must figure out quickly, who has the capacity to know the truth and work with it and who is not ready for truth.

Q2: Plastic or glass?



Lesson 3: Do what is needed



We must step away from plastic – or -- glass battle and provide a method of dispensation that works best for our clients

Q3: Combination remedies?



Lesson 4:

**Remote locations
without homeopathy
support network**

**If combination remedy
might help, we can go
for it.**

Q4: You, a real doc?



Lesson 5:

Without medical training we must refrain from establishing a doctor-patient equation.

As lay practitioners of homeopathy, we see clients, and do not act as doctor.

Q5: Will I prove remedies?

Lesson 6:

Educate your clients

Wenda O'Reilly "Organon of the medical art by Dr Samuel Hahnemann"

Bill Gray "Homeopathy – science or myth?"

Rajan Sankaran

<https://www.innertraditions.com/books/homeopathy-for-today-s-world>

When in doubt, encourage them to read.



Figure 1:

Q6: Vital force? What the **** is it?

Lesson 7:

Vital Force - Bio-physiological power that keeps us functioning through health and disease”

Do not engage in giving metaphysical or scientific definitions of the Vital Force



Q7: Does homeopathy work with medications, massage, acupuncture... or ..?



Lesson 8:

People are into everything.

Homeopathy works well and along with everything else.

Clients seek many avenues for wellness, and we must not stop them.

Q8: Chasing \$\$\$? How about that?

Lesson 9:

Set boundaries about time, fee, online support, remedy policy and cancellations.

Generosity is great.

Bargaining and fee negotiations are a no no.



Q9: Homeopathy for the rest of our life?

Initial intake appt

Follow up 1...2...3...4...5...6...

Remedy fatigue

Practitioner fatigue

Budget balancing fatigue



Lesson 10:

**When you cannot
get result quickly and
satisfactorily enough,
do send the client to another
practitioner.
Do not waste their time and
money.**

We invest time & resources for becoming homeopaths

But our practice is not just for us.

We practice for our clients.

While we heal and cure our clients we can continue to learn precious life lessons that only our clients can teach us in the school of hard knocks.

me vs them



me and them



Together, one remedy at a time,
we make the world a better place.

